



# REACH\_MANOMATERIALI E MICROPLASTICHE

Udine 12 dicembre 2019

NANOMATERIALI  
I RISCHI PER LA SALUTE UMANA

Francesca Larese Filon

UCO Medicina del Lavoro – Università di Trieste

Gruppo Tecnico Interregionale



REGIONE AUTONOMA  
FRIULI VENEZIA GIULIA

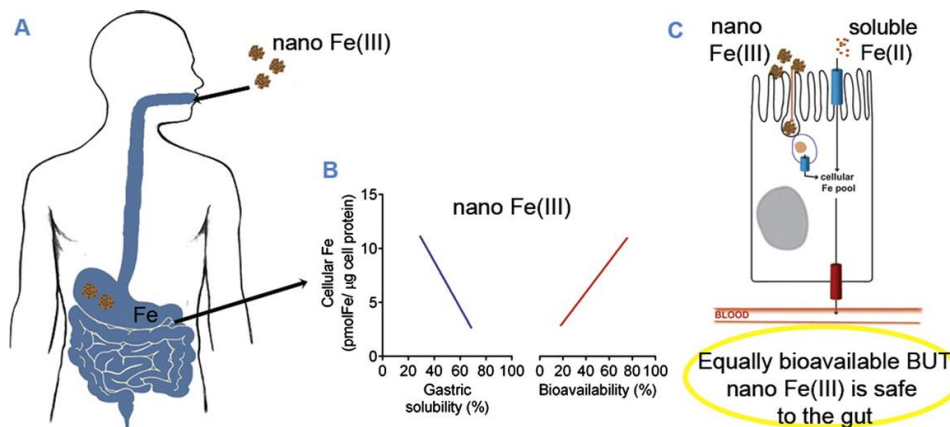




# Rischi per la salute umana



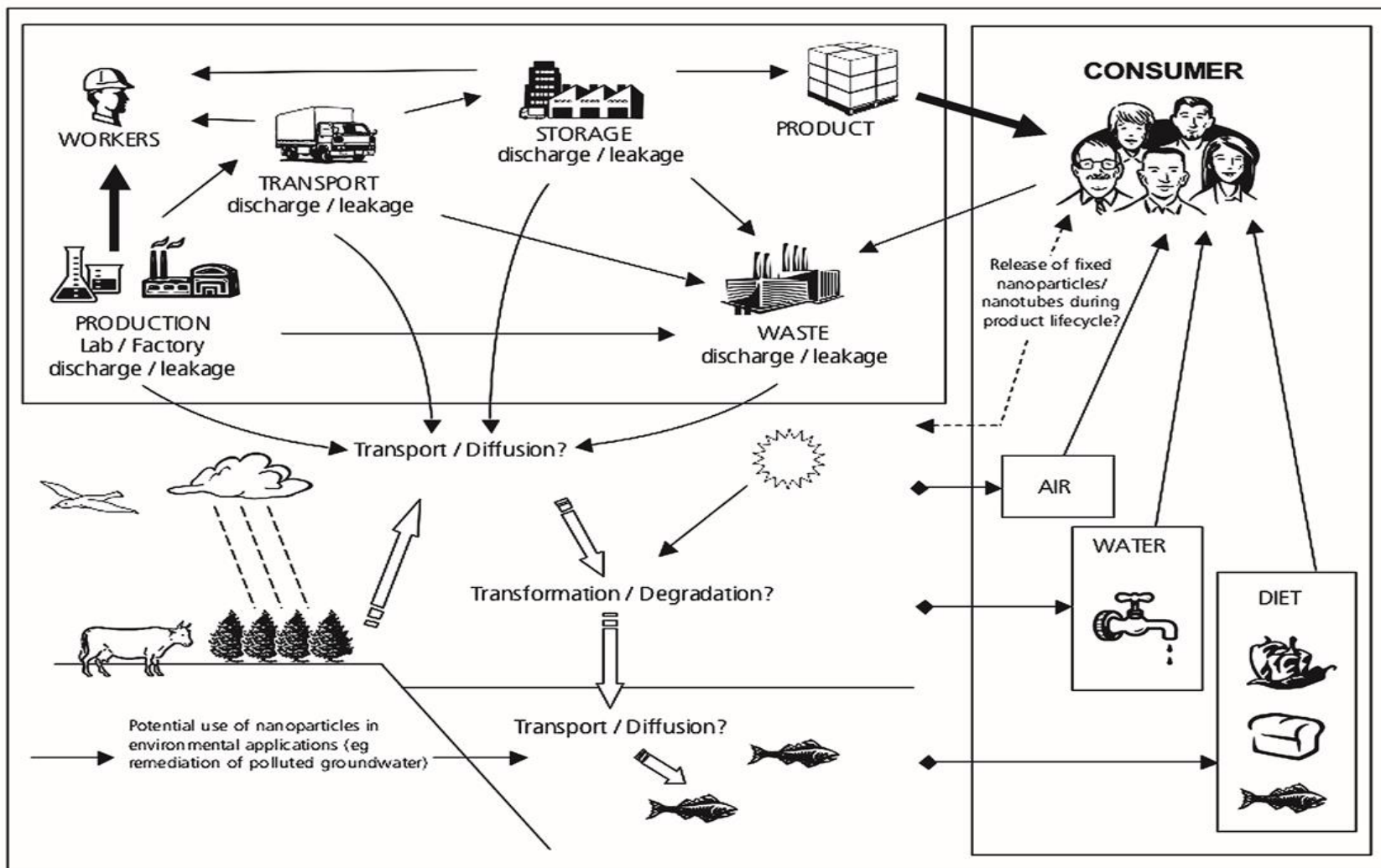
- Produttori
- Lavoratori
- Utilizzatori (cosmetici, oggetti, alimenti)
- Addetti allo smaltimento
- Diffusione nell'ambiente



Francesca Laresse Filon, Ambulatorio di Allergologia  
Unità Clinico Operativa di Medicina del Lavoro – Università di Trieste



# Rischi per la salute umana



Francesca Larese Filon, Ambulatorio di Allergologia  
Unità Clinico Operativa di Medicina del Lavoro – Università di Trieste

## Identificazione del pericolo

- C'è ragione di credere che i NM siano pericolosi?

## Caratterizzazione del pericolo

- In che modo e in che condizioni i NM possono essere pericolosi?

## Valutazione dell'esposizione

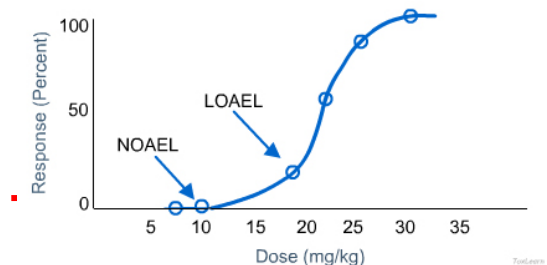
- Quali sono i livelli e le modalità di esposizione a NM?

## Caratterizzazione del rischio

- I NM sono rischiosi?
- Ci sarà esposizione?

## Gestione del rischio

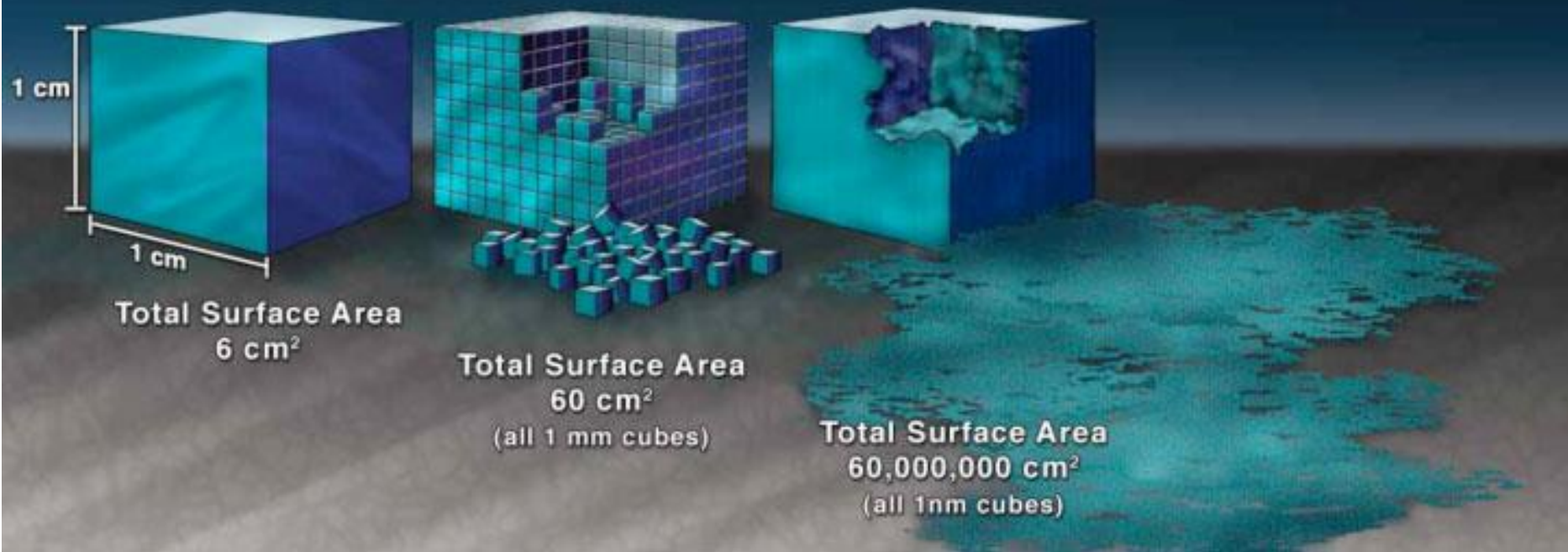
- Sviluppare misure di prevenzione e protezione per ridurre l'esposizione



Da Cavallo DM Insubria



# Aspetti cruciali





Riediker et al. *Particle and Fibre Toxicology* (2019) 16:19  
<https://doi.org/10.1186/s12989-019-0302-8>


Particle and Fibre Toxicology

**REVIEW**

**Open Access**

# Particle toxicology and health - where are we?



Michael Riediker<sup>1\*</sup> , Daniele Zink<sup>2</sup>, Wolfgang Kreyling<sup>3</sup>, Günter Oberdörster<sup>4</sup>, Alison Elder<sup>4</sup>, Uschi Graham<sup>5</sup>, Iseult Lynch<sup>6</sup>, Albert Duschl<sup>7</sup>, Gaku Ichihara<sup>8</sup>, Sahoko Ichihara<sup>9</sup>, Takahiro Kobayashi<sup>10</sup>, Naomi Hisanaga<sup>11</sup>, Masakazu Umezawa<sup>8</sup>, Tsun-Jen Cheng<sup>12</sup>, Richard Handy<sup>13</sup>, Mary Gulumian<sup>14</sup>, Sally Tinkle<sup>15</sup> and Flemming Cassee<sup>16,17</sup>

Francesca Larese Filon, Ambulatorio di Allergologia  
Unità Clinico Operativa di Medicina del Lavoro – Università di Trieste





# Esposizione



- Via inalatoria
- Via cutanea
- Via digestiva

Grande superficie  
Elevata reattività

## Esposizione per via inalatoria a NM e NP

Grande concentrazione numerica e ampia area superficiale per unità di volume (o massa)

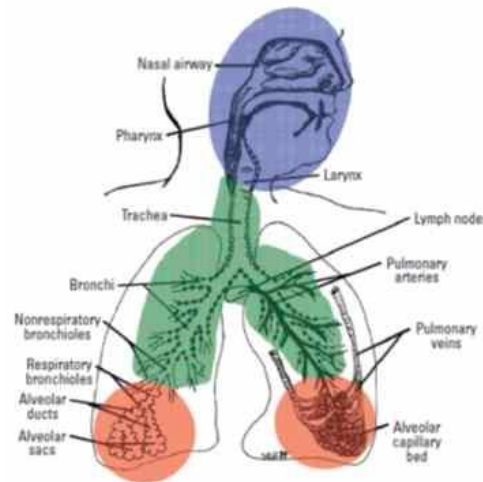


**Reattività**  
(ROS; maggior numero di atomi o molecole superficiali per unità di massa)

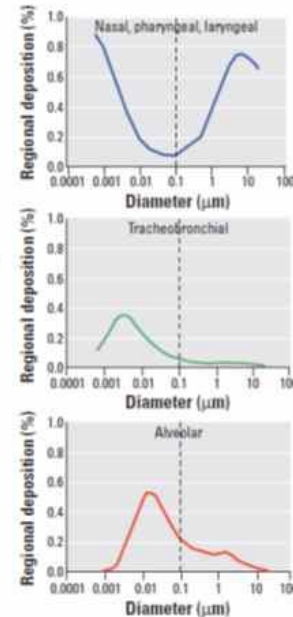
Deposizione nel tratto respiratorio



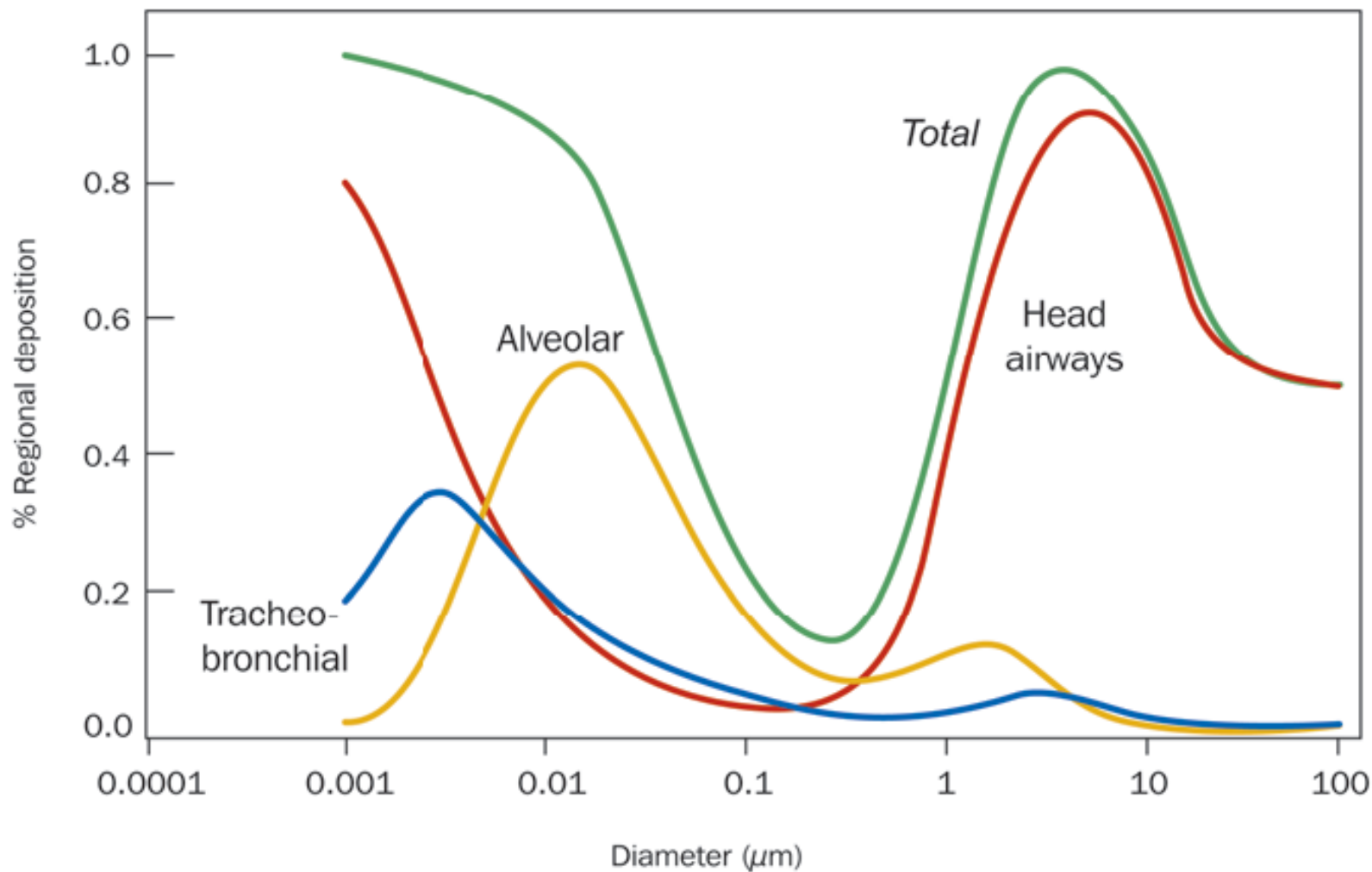
Osservata in tutte le regioni del tratto respiratorio (*diffusione*)



Oberdorster et al., Environ Health Persp 2005







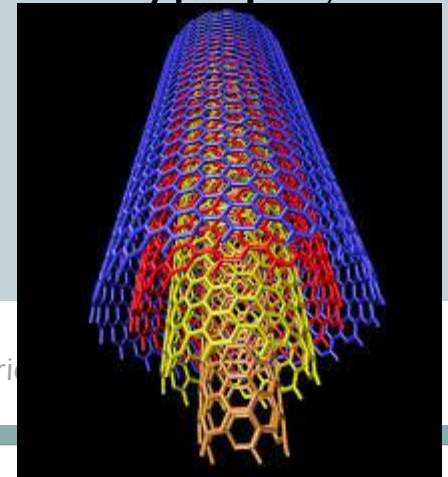
Da ICRP 1996: deposizione di particelle nel tratto respiratorio



# Carbon nanotubes

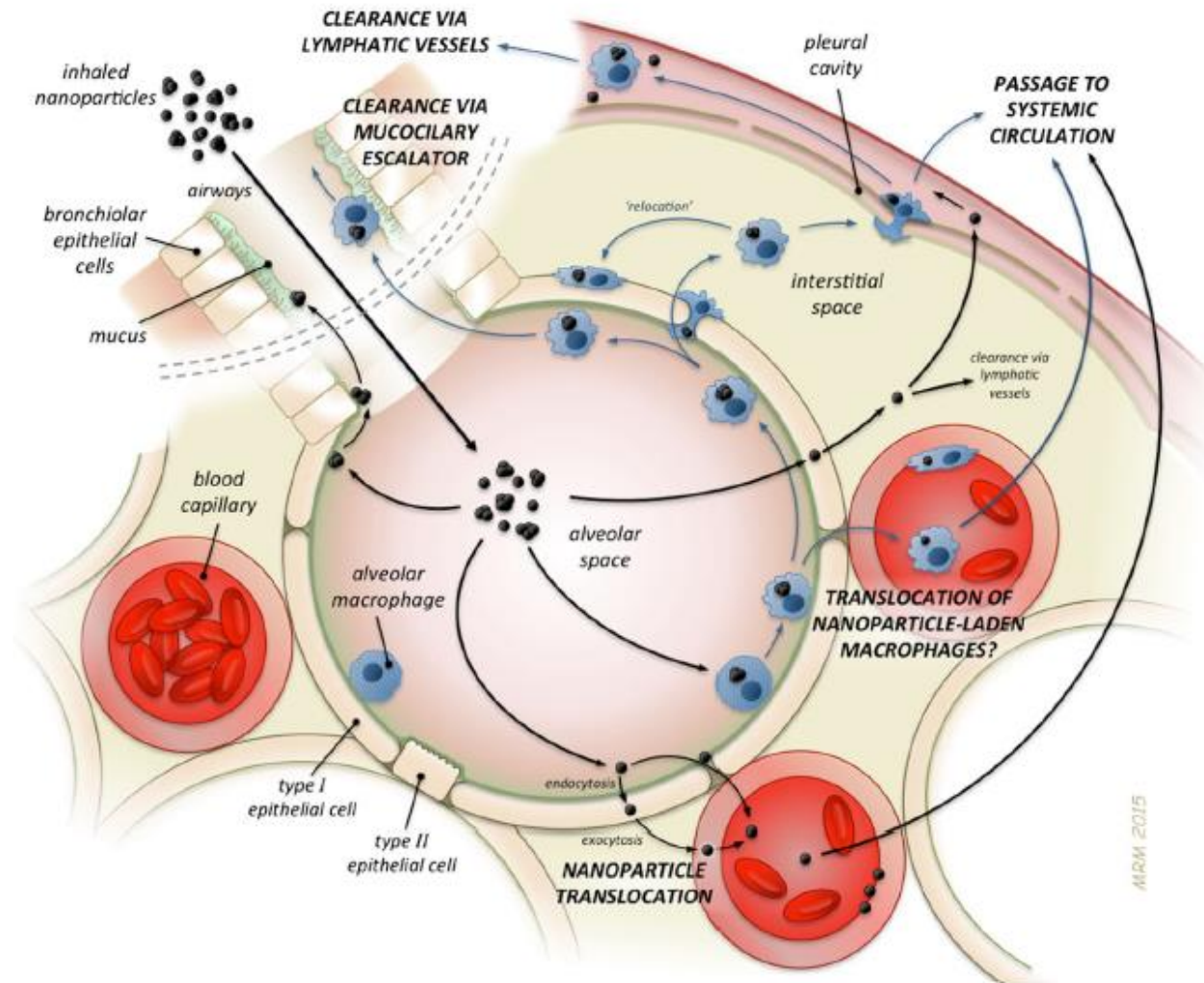


- Low clearance suggesting an asbestos-like effect demonstrated on animals with pulmonary inflammation, damage, fibrogenicity and tumorigenesis.
- Recently, the International Agency for Research on Cancer has classified multi walled carbon nanotubes 7 (Mitsui Ltd., Japan) to a Category 2B: **possibly carcinogenic to humans** (Grosse et al. 2014) in IARC monography 111 “Some Nanomaterials and Some Fibres”.





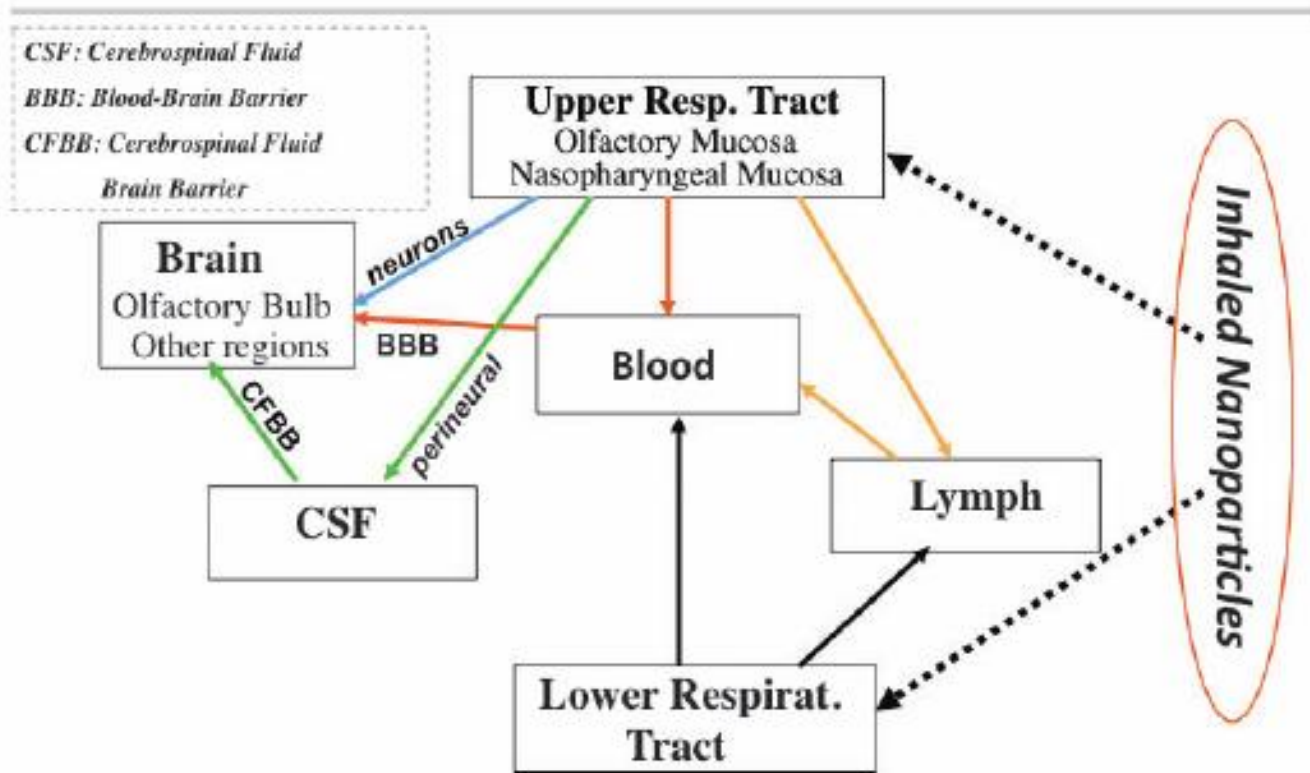
# Esposizione per via inalatoria



**Fig. 1** Overview on different types of NP's translocation and clearance in the lungs. Artwork by Mark Miller, reproduced with permission from [14].

Riedker et al. 2019

FROM RESPIRATORY TRACT TO BRAIN:  
POTENTIAL TRANSLLOCATION PATHWAYS OF NANOPARTICLES

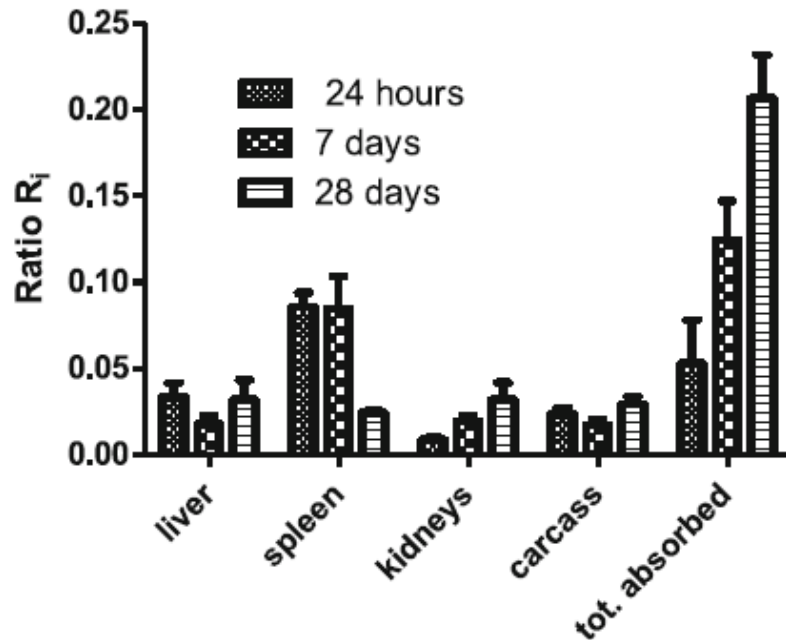




# Dopo istillazione intratracheale



Frazione di  
Biossido di titanio  
Nano rilevato nei vari  
Organi  
dopo 1, 6 e 28 giorni



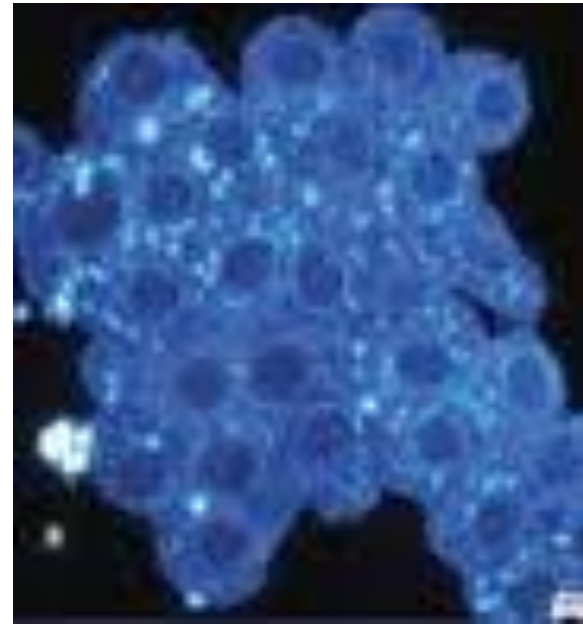
**Fig. 3** The ratios  $R_i$  represent the fractions of  $TiO_2NP$  present in liver, spleen, kidneys and carcass (without organs) and the integral sum of all absorbed fractions determined after IT-instillation that have been absorbed through the GIT relative to the sum of gut-absorbed and ABB-translocated  $TiO_2NP$  after 1, 7 and 28 days. Mean  $\pm$  SEM of  $n=4$  rats at each time point.

Riedeker et al 2019

Inhal Toxicol. 2009 Jul;21 Suppl 1:83-91.

**Subacute intratracheal exposure of rats to manganese nanoparticles: behavioral, electrophysiological, and general toxicological effects.** [Sárközi L](#) et al.

Ratti esposti a MnO<sub>2</sub>  
(23nm) da 2.63 a 5.26  
mg Mn/kg  
per istillazione  
tracheale presentano  
Mn nel polmone  
e nel cervello



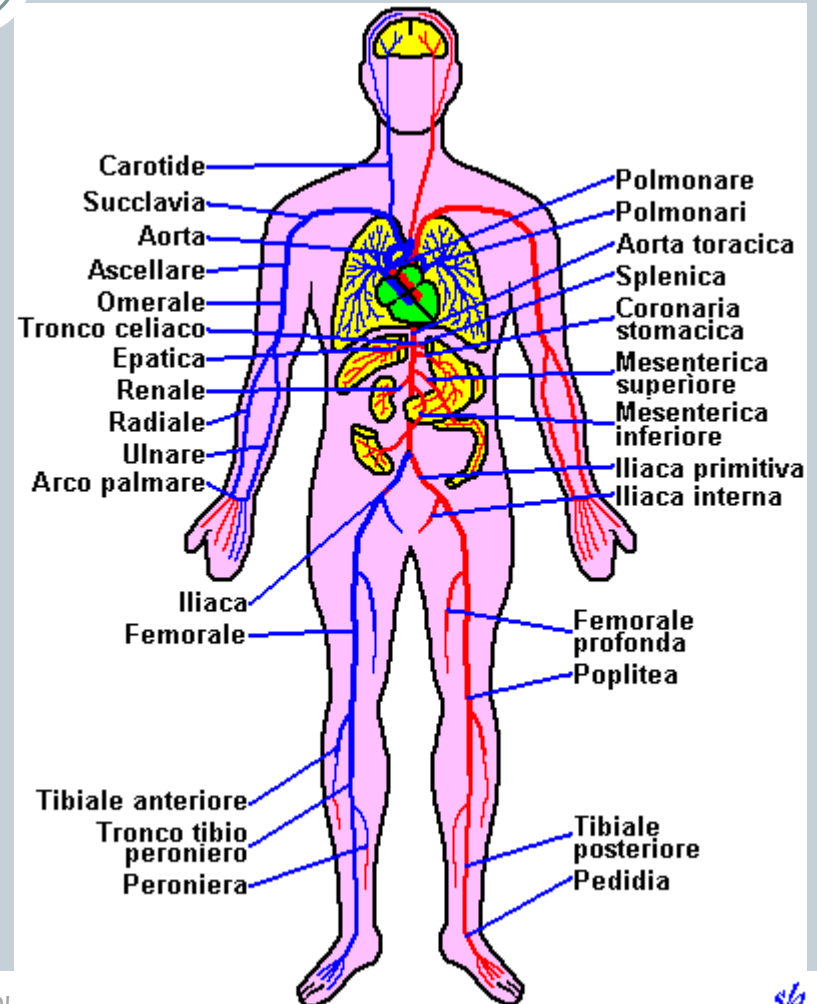




# NPs exposure



- Translocation in blood barrier with increase risk of cardiovascular diseases (demonstrated in animals)



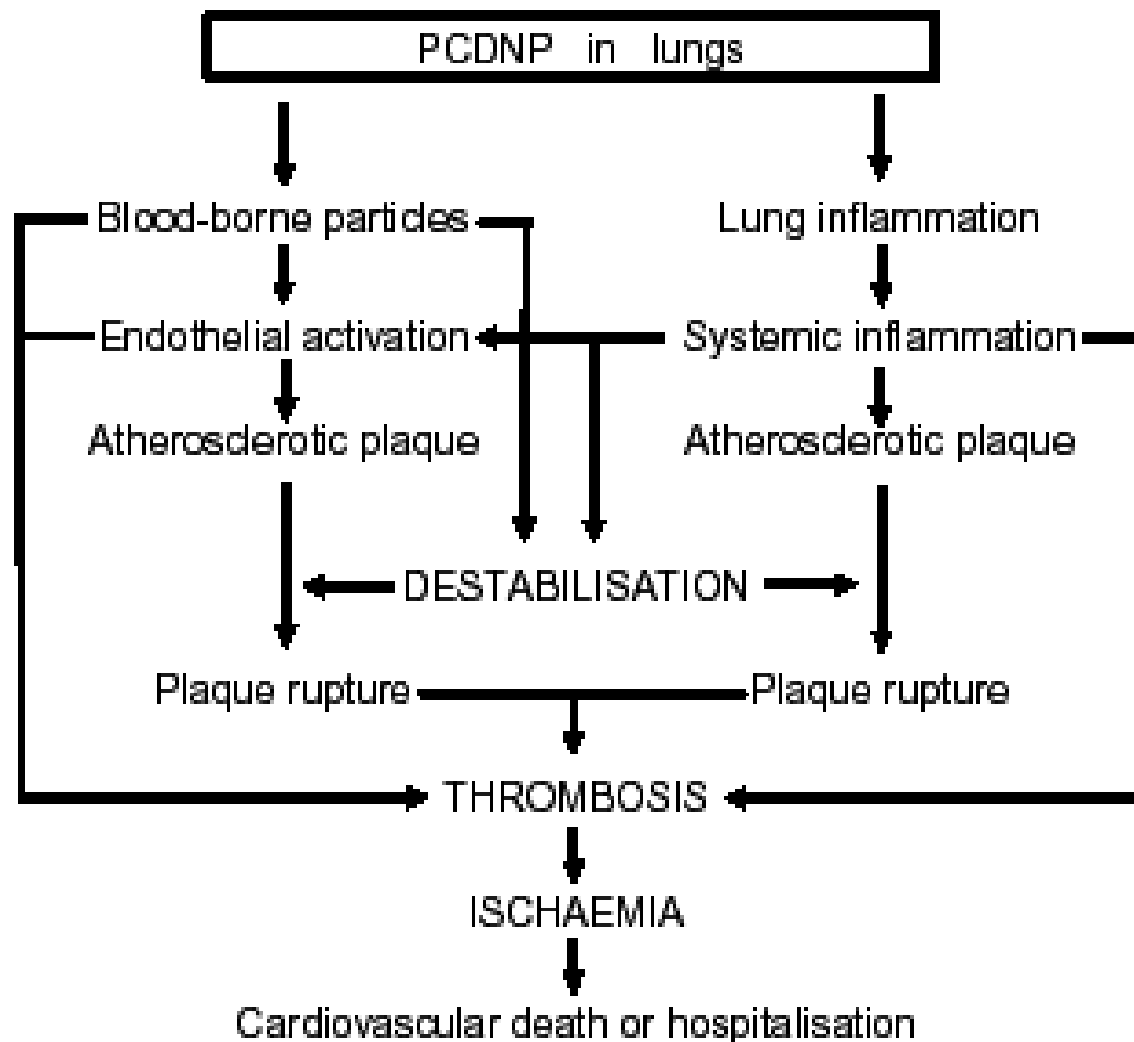
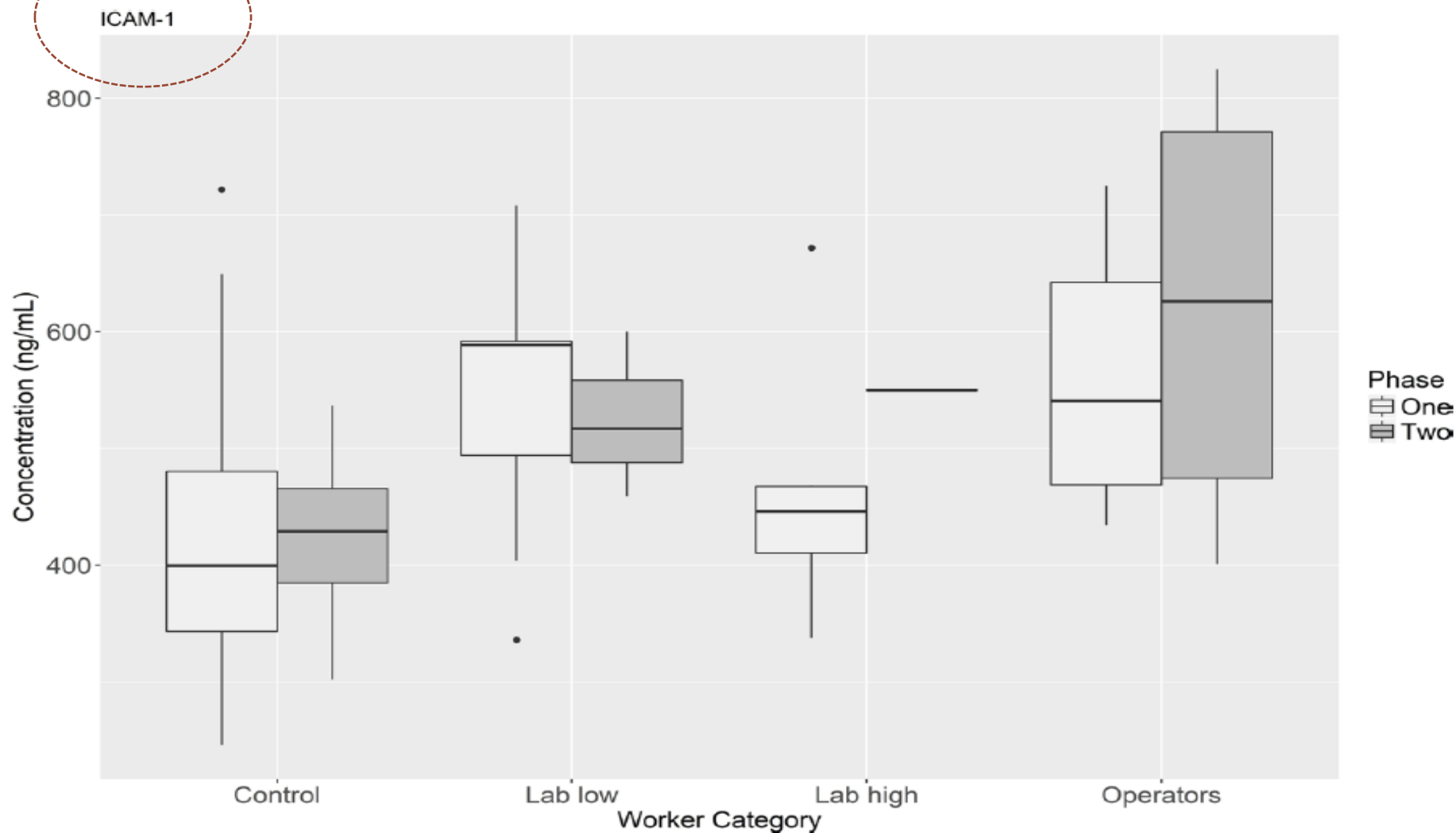


Figure 3. Some of the potential pathways for the action of NP on the cardiovascular system with special emphasis on coronary artery disease.

ORIGINAL ARTICLE

# Cardiovascular effects among workers exposed to multiwalled carbon nanotubes

**Methods** A cross-sectional study was performed among 22 workers of a company commercially producing MWCNTs (subdivided into lab personnel with low or high exposure and operators), and a gender and age-matched unexposed population (n=42). Exposure to MWCNTs and 12 cardiovascular markers were measured in participants' blood (phase I). In a subpopulation of 13 exposed workers and six unexposed workers, these measures were repeated after 5 months (phase II). We analysed associations between MWCNT exposure and biomarkers of cardiovascular risk, adjusted for age, body mass index, sex and smoking.



**Figure 1** Boxplot showing the distribution of intercellular adhesion molecule-1 (ICAM-1) concentrations during phases I and II for every exposure category. Kruskal-Wallis rank-sum test P values were 4.60E-3 and 0.13, respectively for phases I and II. Wilcoxon rank-sum test P values for operators versus controls were 6.36E-3 for phase I and 0.04 for phase II.

ORIGINAL ARTICLE

# Cardiovascular effects among workers exposed to multiwalled carbon nanotubes

## What are the new findings?

- ▶ Our results show associations between MWCNT exposure and ICAM-1, indicating endothelial activation and an increased inflammatory state in workers with MWCNT exposure.



[Nanotoxicology](#). 2018 Jan 11:1-16. doi:

## **Cardiopulmonary effects induced by occupational exposure to titanium dioxide nanoparticles**



- In packaging workshop, the total mass concentration of particles was 3.17 mg/m<sup>3</sup>. The mass concentration of nanoparticles was 1.22 mg/m<sup>3</sup> accounting for 39% of the total mass.
- Lung damage markers (**SP-D (collectina polmonare)** and pulmonary function), cardiovascular disease markers (**VCAM-1, ICAM-1, LDL, and TC**), oxidative stress markers (**SOD and MDA**), and inflammation markers (**IL-8, IL-6, IL-1 $\beta$ , TNF- $\alpha$ , and IL-10**) were associated with occupational exposure to nano-TiO<sub>2</sub>.
- Among those markers, **SP-D** showed a time (dose)-response pattern within exposed workers.
- The data strongly suggest that nano-TiO<sub>2</sub> could contribute, at least in part, to the **cardiopulmonary effects observed in workers**. The studied markers and pulmonary function tests may be useful in health surveillance for workers exposed to nanomaterials.





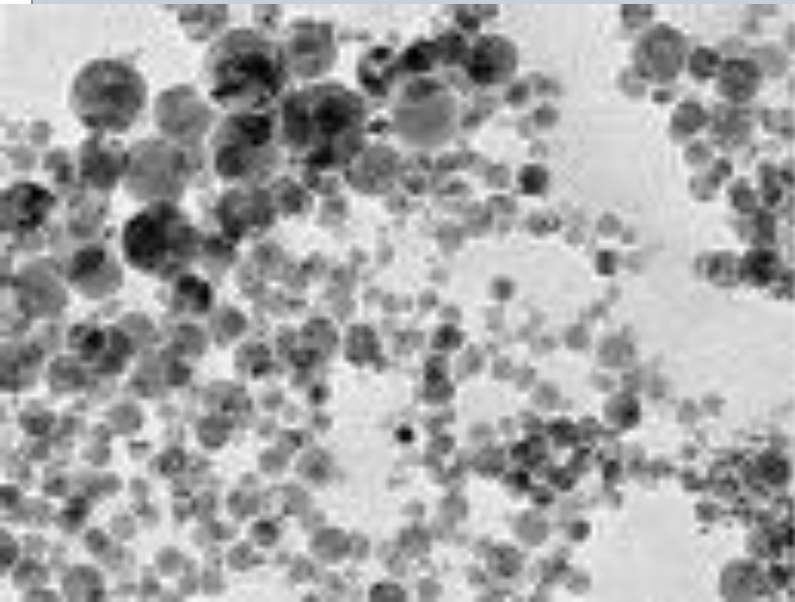
# Titania NPs



- Cheng et al. (2012) reported that a worker developed **bronchiolitis obliterans organizing pneumonia** after working for 3 months with polyester powder paint containing  $\text{TiO}_2$  NPs.
- $\text{TiO}_2$  dust released from mining process was classified as a Group 2B **carcinogen** by the IARC due to the possibility of it being carcinogenic to humans.
- $\text{TiO}_2$  dust can cause respiratory tract cancer in mice (Hu et al, 2010; Lam et al, 2004) and lung cell injury with mutation and **fibrosis** in humans who work in these dusty environments (Hendren et al, 2011; Robichaud et al, 2009)

• ...

# Biossido di Titanio old studies



- Boffetta (2004) Indaga 15000 lavoratori esposti a  $\text{TiO}_2$  in varie industrie europee
  - Non eccesso di tumori al polmone
- Hext (2005) riporta due studi che evidenziano alterazione dei parametri ventilatori negli esposti (dati anni 80)

CASE REPORT

Open Access



# Pulmonary injury associated with spray of a water-based nano-sized waterproofing product: a case study

Paul T. J. Scheepers<sup>1\*</sup>, Lucie Masen-Poos<sup>2</sup>, Frits G. B. G. J. van Rooy<sup>3</sup>, Arné Oerlemans<sup>1</sup>, Eline van Daalen<sup>1,6</sup>, Robbert Cremers<sup>1,7</sup>, Hera Lichtenbeld<sup>4</sup>, Bonne Biesma<sup>2</sup>, Jorid B. Sørli<sup>5</sup>, Ismo K. Koponen<sup>5</sup>, Søren Thor Larsen<sup>5</sup>, Peder Wolkoff<sup>5</sup> and Asger W. Nørgaard<sup>5</sup>



# Carbon black



- Carbon black (50-500 nm) exposed workers were studied in long term cohorts finding an increased risk for **lung cancer** (Sorathan 2001).
- Zhang et al. in 2014 demonstrated that nanoscale carbon black particles could be responsible for the **lung function reduction and pro-inflammatory cytokines secretion** in exposed workers.





# Polyacrylate/silica NPs



- Polyacrylate NPs in a spray used in a small factory without exhaustion system caused severe **pleuropulmonary symptoms** in 7 young female Chinese workers leading to death in two of them (Song et al 2009 and 2011 to characterize **silica NPs** in coating).

Eur Respir J 2009; 34: 559–567  
DOI: 10.1183/09031936.00178308  
Copyright©ERS Journals Ltd 2009

Exposure to nanoparticles is related to pleural effusion, pulmonary fibrosis and granuloma

Song Y, Li X, Wang L *et al.* Nanomaterials in humans: identification, characteristics, and potential damage.

Y. Song\*, X. Li# and X. Du\* *Toxicol Pathol* 2011;**39**:841–849.



# Exposure to nanoparticles is related to pleural effusion, pulmonary fibrosis and granuloma

Y. Song\*, X. Li<sup>#</sup> and X. Du\*

**TABLE 1** Patients' characteristics

Case	Age yrs	Sex	Duration of exposure months	PO <sub>2</sub> kPa	Pleural effusion	Pericardial effusion	Bronchoscopy	Thoracoscopy	VATS	Outcome
1	29	Female	13	9.6	Great	Small	+	+	-	Died
2	47	Female	11	10.5	Great	None	+	+	-	Stable
3	18	Female	13	9.6	Great	Small	+	+	+	Stable
4	29	Female	12	11.6	Great	Small	+	-	-	Stable
5	19	Female	10	10.7	Great	Small	+	-	+	Died
6	35	Female	10	12.9	Great	Small	+	-	-	Stable
7	28	Female	5	12.9	Small	None	+	-	-	Stable

PO<sub>2</sub>: oxygen tension; VATS: video-assisted thoracic surgery. +: performed; -: not performed.





RESEARCH

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# Association of pulmonary, cardiovascular, and hematologic metrics with carbon nanotube and nanofiber exposure among U.S. workers: a cross-sectional study

Mary K. Schubauer-Berigan<sup>1\*</sup>, Matthew M. Dahm<sup>1</sup>, Aaron Erdely<sup>2</sup>, John D. Beard<sup>1,3,5</sup>, M. Eileen Birch<sup>4</sup>, Douglas E. Evans<sup>4</sup>, Joseph E. Fernback<sup>4</sup>, Robert R. Mercer<sup>2</sup>, Stephen J. Bertke<sup>1</sup>, Tracy Eye<sup>2</sup> and Marie A. de Perio<sup>1</sup>

108 lavoratori

**Conclusions:** Most health measures were not associated with CNT/F. The positive associations between CNT/F exposure and respiratory allergies, RHR, and hematocrit counts may not be causal and require examination in other studies.

RHT resting heart rate CNT/F carbonnanotubes, fibers



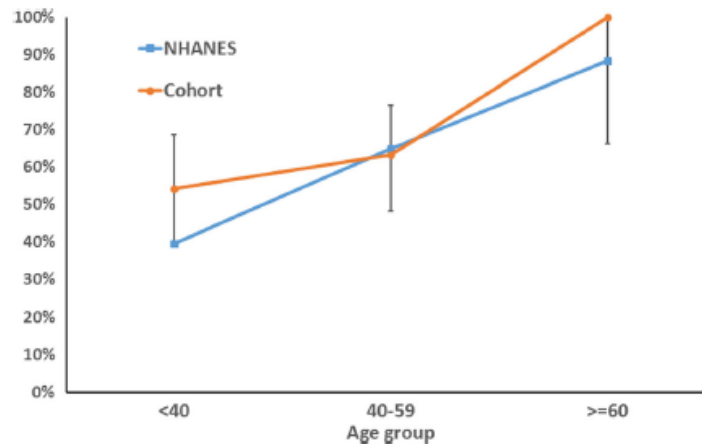
RESEARCH

Open Access



# Association of pulmonary, cardiovascular, and hematologic metrics with carbon nanotube and nanofiber exposure among U.S. workers: a cross-sectional study

Mary K. Schubauer-Berigan<sup>1\*</sup>, Matthew M. Dahm<sup>1</sup>, Aaron Erdely<sup>2</sup>, John D. Beard<sup>1,3,5</sup>, M. Eileen Birch<sup>4</sup>, Douglas E. Evans<sup>4</sup>, Joseph E. Fernback<sup>4</sup>, Robert R. Mercer<sup>2</sup>, Stephen J. Bertke<sup>1</sup>, Tracy Eye<sup>2</sup> and Marie A. de Perio<sup>1</sup>



**Fig. 2** Percent of population hypertensive or pre-hypertensive. Abbreviations: CNT/F – carbon nanotubes and nanofiber; NHANES – National Health and Nutrition Examination Survey. NHANES data from NHANES 2013. 95% confidence intervals were estimated for the CNT/F workers, assuming an exact binomial distribution

RHT r



# **Pulmonary hypofunction due to calcium carbonate nanomaterial exposure in occupational workers: a cross-sectional study.**

Li G. et al. [Nanotoxicology](#). 2018 Aug;12(6):571-585

- 28 lavoratori esposti vs non esposti
- Diminuzione dei parametri spirometrici negli esposti ma non correlati al livello dell'esposizione



Published in final edited form as:

*Environ Int.* 2018 July ; 116: 214–228. doi:10.1016/j.envint.2018.04.004.



## Carbon nanotube and nanofiber exposure and sputum and blood biomarkers of early effect among U.S. workers

John D. Beard<sup>a,b,1,\*</sup>, Aaron Erdely<sup>c</sup>, Matthew M. Dahm<sup>b</sup>, Marie A. de Perio<sup>b</sup>, M. Eileen Birch<sup>d</sup>, Douglas E. Evans<sup>d</sup>, Joseph E. Fernback<sup>d</sup>, Tracy Eye<sup>c</sup>, Vamsi Kodali<sup>c</sup>, Robert R. Mercer<sup>c</sup>, Stephen J. Bertke<sup>b</sup>, and Mary K. Schubauer-Berigan<sup>b</sup>

108 lav

**Results**—We derived three sputum and nine blood biomarker factors that explained 78% and 67%, respectively, of the variation. After adjusting for potential confounders, inhalable EC and total inhalable CNT/F structures were associated with the most sputum and blood biomarkers, respectively. Biomarkers associated with at least three CNT/F metrics were 72 kDa type IV collagenase/matrix metalloproteinase-2 (MMP-2), interleukin-18, glutathione peroxidase (GPx), myeloperoxidase, and superoxide dismutase (SOD) in sputum and MMP-2, matrix metalloproteinase-9, metalloproteinase inhibitor 1/tissue inhibitor of metalloproteinases 1, 8-hydroxy-2'-deoxyguanosine, GPx, SOD, endothelin-1, fibrinogen, intercellular adhesion molecule 1, vascular cell adhesion protein 1, and von Willebrand factor in blood, although directions of associations were not always as expected.

**Conclusions**—Inhalable rather than respirable CNT/F was more consistently associated with fibrosis, inflammation, oxidative stress, and cardiovascular biomarkers.



# Metal NPs



- Metal NPs can be dangerous for the release of toxic or sensitizing metals. Philips et al. in 2010 reported a case of a young man that died from adult **respiratory distress syndrome 13 days after exposure to nickel NPs sprayed onto** bushes for turbine bearings.
- Journey & Goldman (2014) reported a case of a woman that developed **dermatitis and respiratory symptoms after the exposure to NiNPs without protection to prepare a** formulation.



# Metal NPs



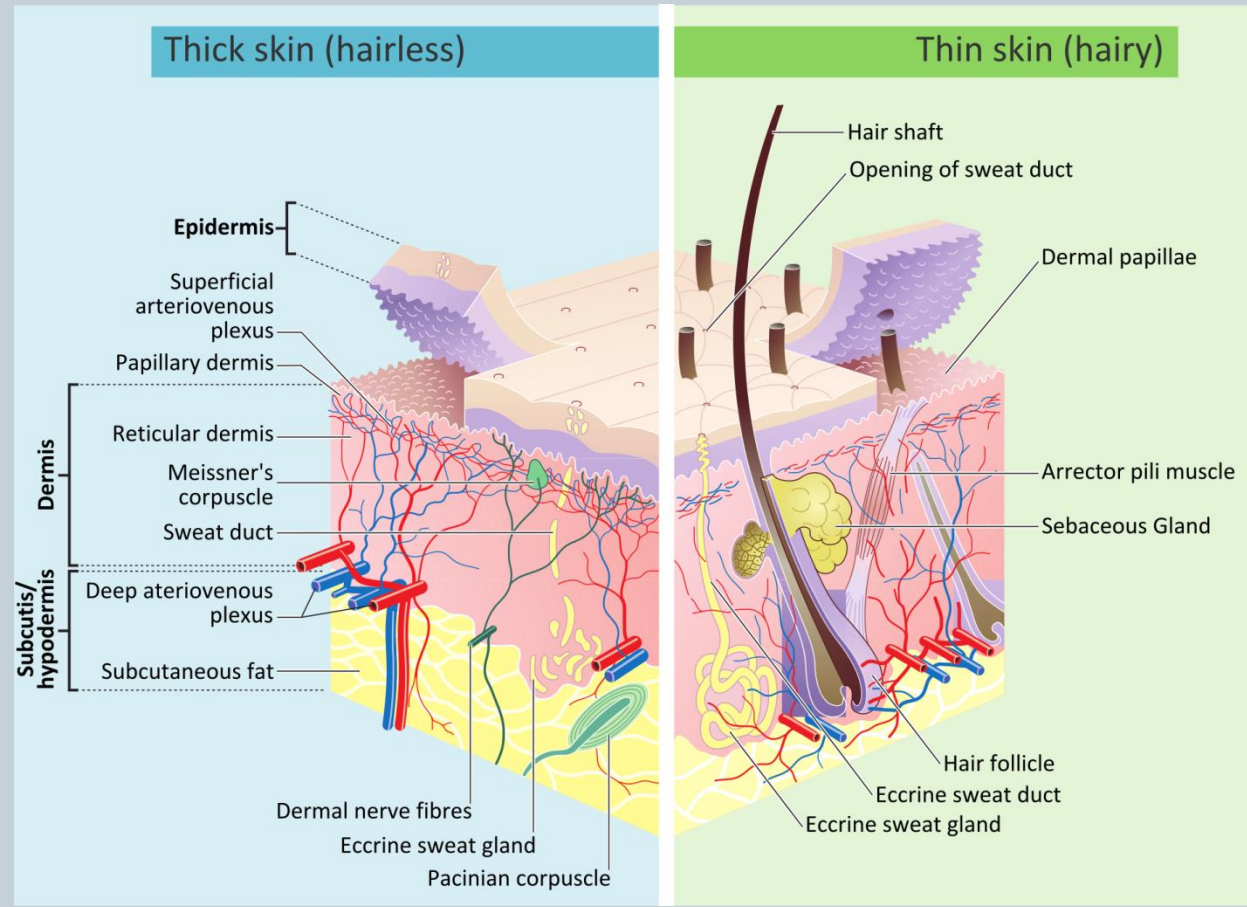
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- Journey & Goldman (2014) reported a case of a woman that developed **dermatitis and respiratory symptoms after the exposure to NiNPs without protection to prepare a** formulation.



# Assorbimento cutaneo



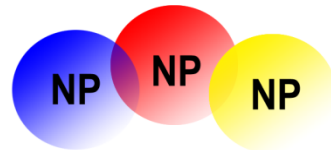
- Effetti locali
- Effetti sistemici
- S



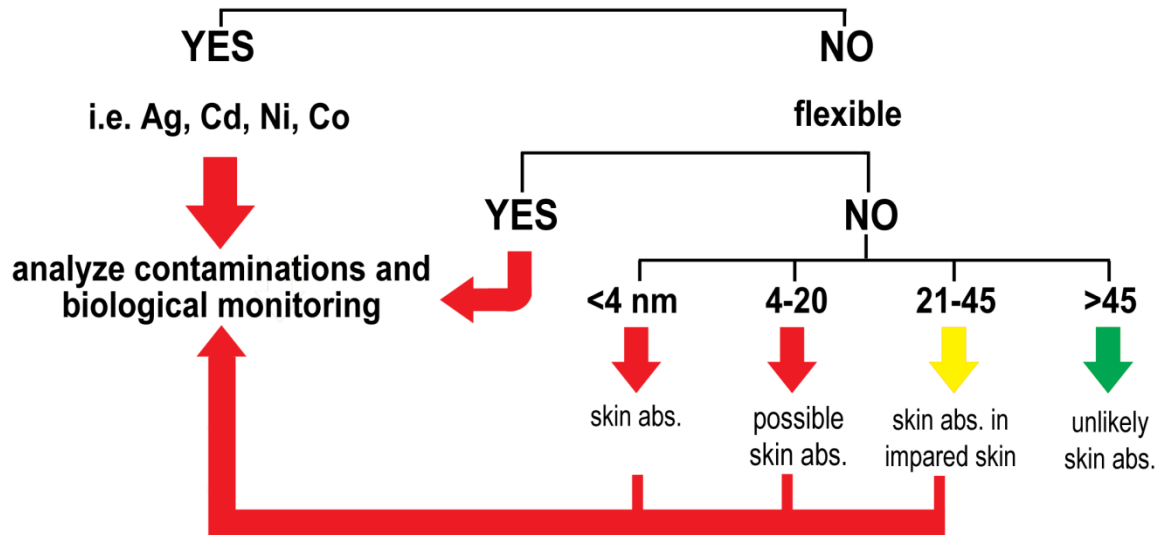
# Assorbimento cutaneo



- Assorbimento delle nanoparticelle e storage nei follicoli piliferi
- TiO<sub>2</sub> aumento ROS dopo esposizione solare ?
- Effetti allergizzanti per NP che contengono metalli sensibilizzanti (Co, Ni, Pd, ecc.)
- Penetrazione e diffusione nel corpo di NP

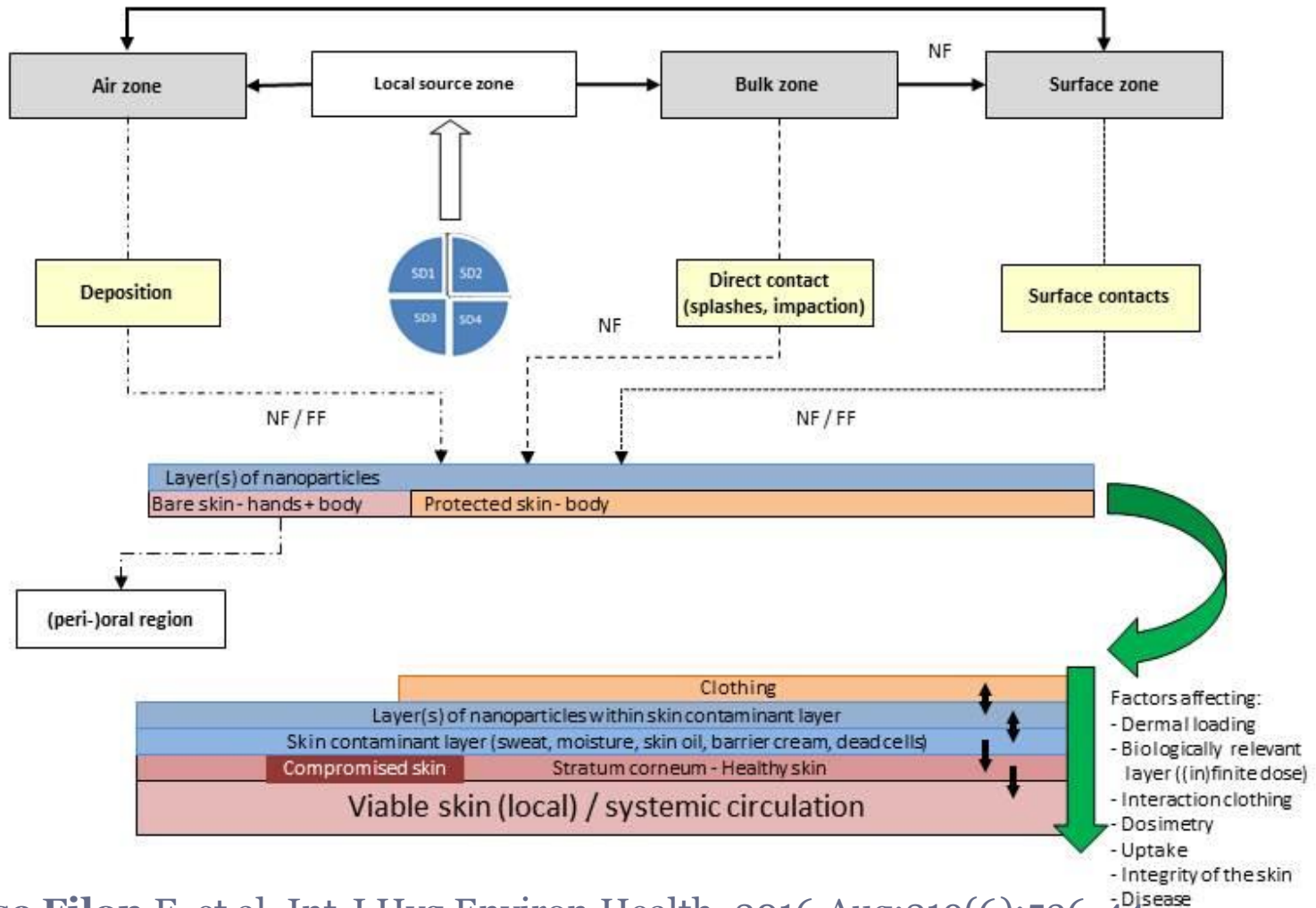


release of metals  
or toxic substance  
in physiological condition



Evitare il  
contatto  
cutaneo

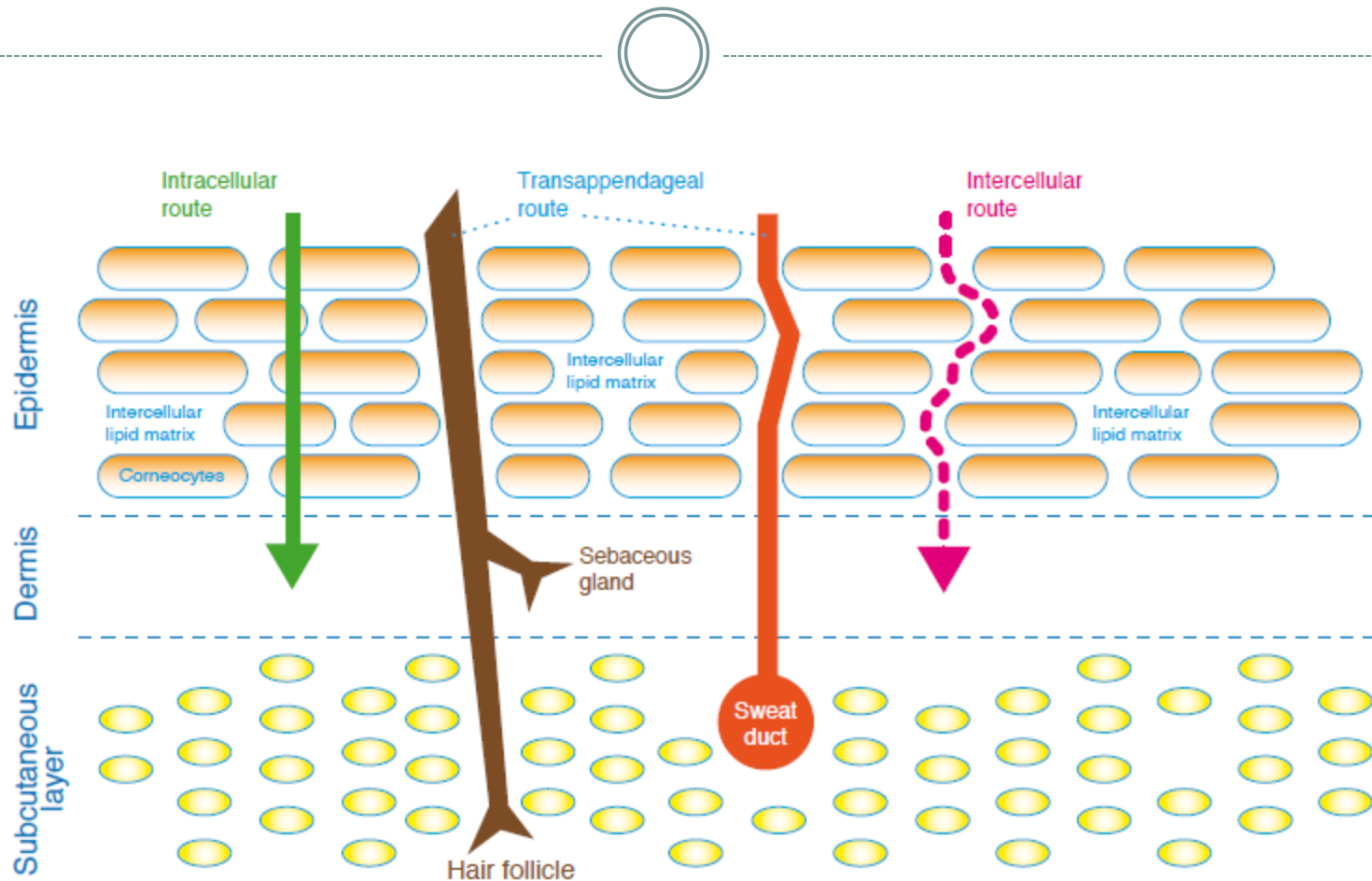
# Conceptual framework for dermal exposure to nanoparticles (and relevance for ingestion exposure)



Larese Filon F, et al. Int J Hyg Environ Health. 2016 Aug;219(6):536-44.

Brouwer DH, et al. Int J Hyg Environ Health. 2016 Aug;219(6):503-12.

# Skin absorption pathways



Penetration: NPs inside the skin  
Permeation: through the skin

Crosera M, Larese F. 2012  
(Scheuplein 1965, 1967, Lademann 2009)

# FACTORS INVOLVED

- Skin factors (2 m<sup>2</sup>)
  - Contaminated area
  - Time of contamination
  - Cleaning procedures
  - Stratum corneum turnover
  - Skin conditions (atopic skin, barrier conditions)

- Annexes
- Protective equipment
- gloves





## Example of 'flagged' job titles with high incidence of occupational skin diseases and potential for dermal exposure to nanomaterials / nanoproducts

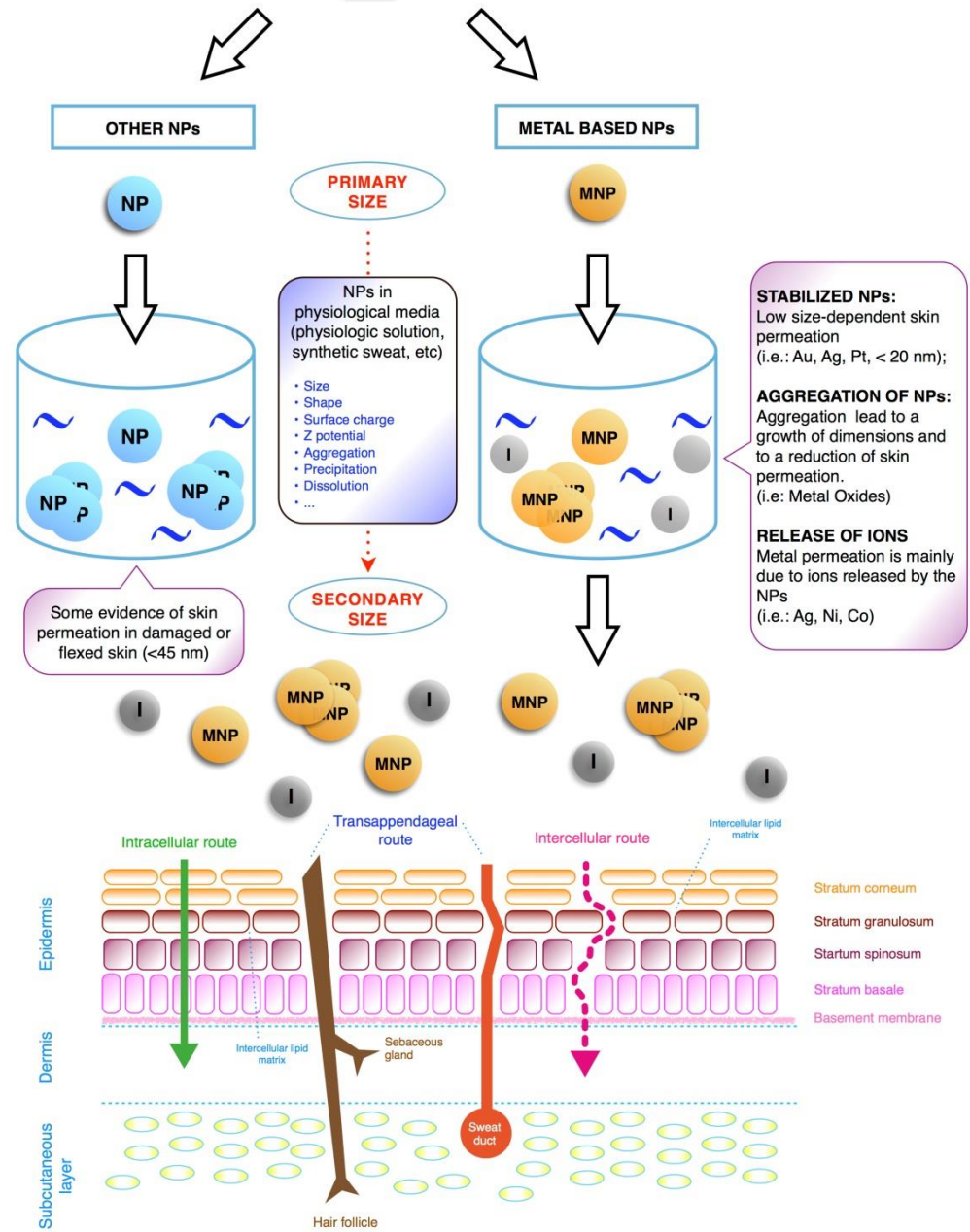
Sector	Job title	Example of nanomaterials/ products
Health Care	Dental practitioner/ assistant/ technician	Nanocomposites
	Nurses	Nanomedicine
Personal care	Hairdresser	Variety of personal care products
	Beauticians/ visagists	
Construction	Construction painters	Coatings, paints
	Concrete repair workers	Mortars
Cleaning	Cleaners	Cleaning and dirt repellent coatings
Automotive	Car (body) repair workers	Primers, paints, nanocomposites

**Brouwer DH**, Spaan S, Roff M, Sleuwenhoek A, Tuinman I, Goede H, van Duuren-Stuurman B, **Filon FL**, Bello D, Cherrie JW. Int J Hyg Environ Health.

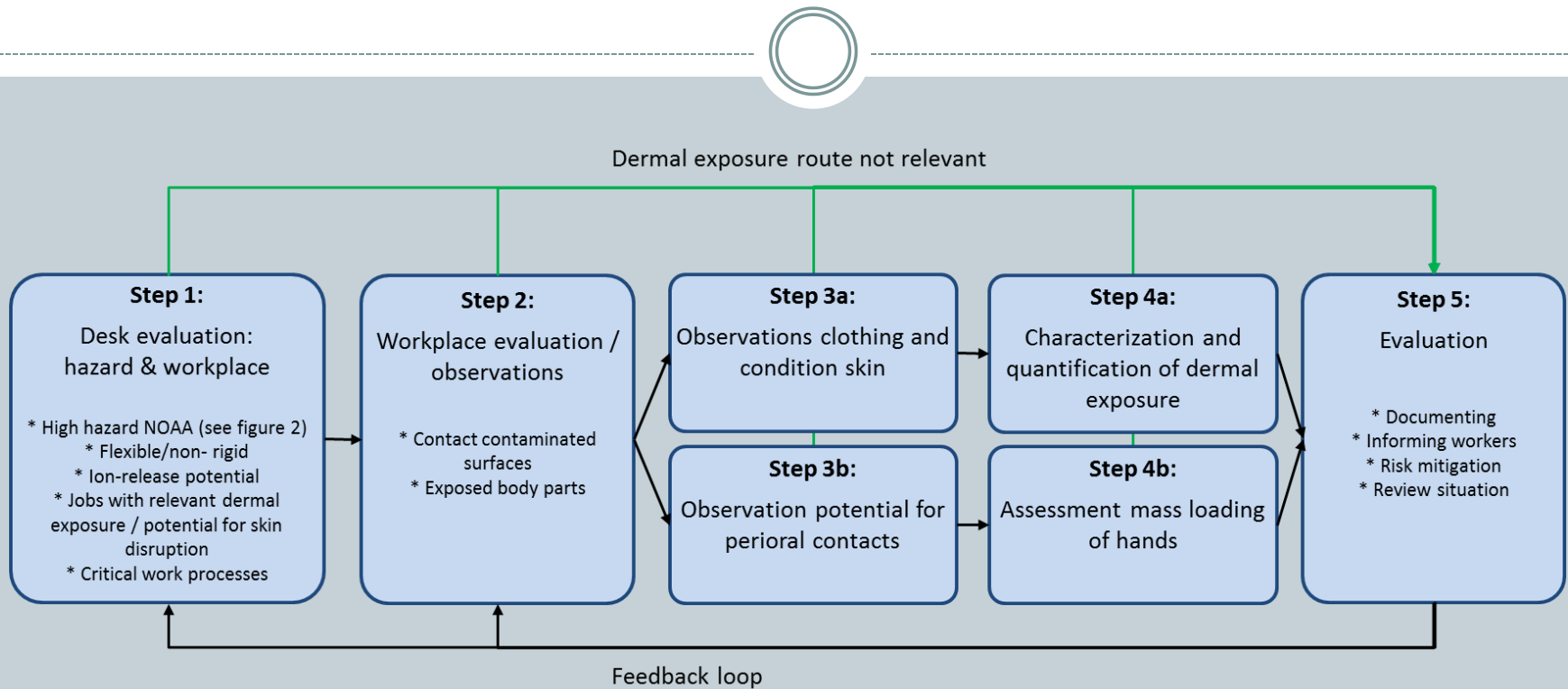
2016 Aug;210(6):500-10



# NANOMATERIALS



# A proposal for risk assessment 1



In figure 1 an overview of this stepwise approach is given. After each step a conclusion shall be made whether the situation at the workplace is considered to be safe based on the information that is gathered during that part of the assessment. If the situation is not considered to be safe, one shall proceed to the following step of the assessment.

# A proposal for risk assessment 2

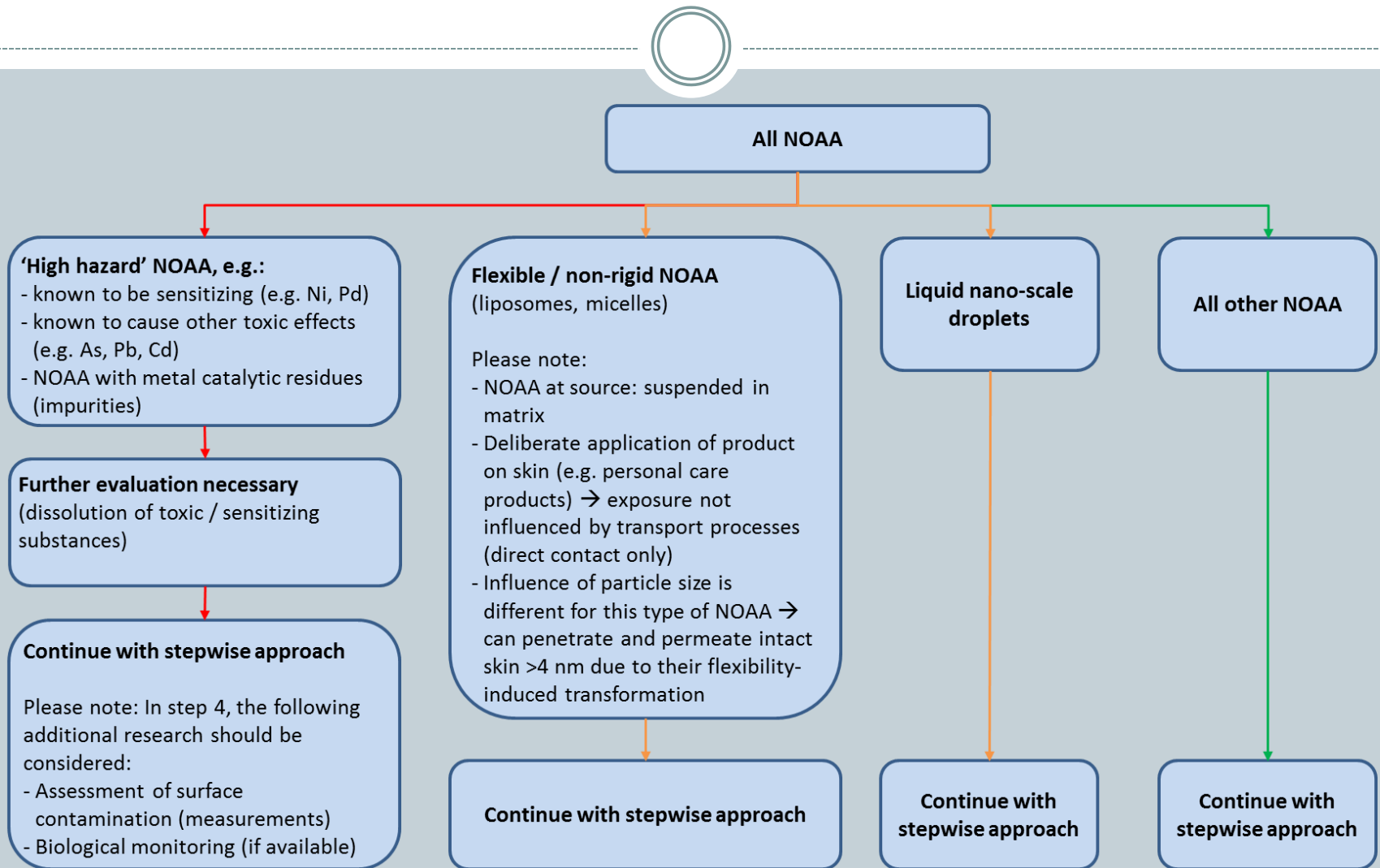
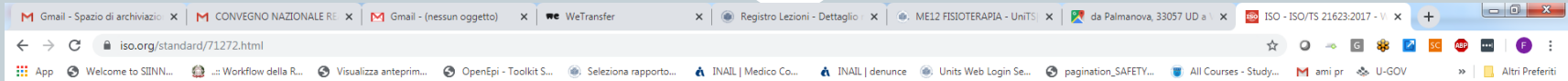


Figure 2 — Schematic overview of primary evaluation based on composition of NOAA and following steps (CEN document)





ICS > 13 > 13.040 > 13.040.30

# ISO/TS 21623:2017

## Workplace exposure — Assessment of dermal exposure to nano-objects and their aggregates and agglomerates (NOAA)

### ABSTRACT [PREVIEW](#)

ISO/TS 21623:2017 describes a systematic approach to assess potential occupational risks related to nano-objects and their agglomerates and aggregates (NOAA) arising from the production and use of nanomaterials and/or nano-enabled products. This approach provides guidance to identify exposure routes, exposed body parts and potential consequences of exposure with respect to skin uptake, local effects and inadvertent ingestion.

ISO/TS 21623:2017 also considers occupational use of products containing NOAA by professionals, e.g. beauticians applying personal care products, cosmetics or pharmaceuticals, but does not apply to deliberate or prescribed exposure to these products by consumers.

ISO/TS 21623:2017 is aimed at occupational hygienists, researchers and other safety professionals to assist recognition of potential dermal exposure and its potential consequences.

### GENERAL INFORMATION

Status : Published

Publication date : 2017-11

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**Esposizione nei luoghi di lavoro - Misura dell'esposizione per inalazione dei nanomateriali e dei loro aggregati e agglomerati (NOAA) - Parametri da usare come concentrazione del numero di particelle, concentrazione dell'area superficiale e concentrazione della massa**

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**Esposizione nei luoghi di lavoro - Valutazione dell'esposizione per inalazione dei nanomateriali e dei loro aggregati o agglomerati**

**UNI EN 17058**

GENNAIO 2019

Workplace exposure - Assessment of exposure by inhalation of nano-objects and their aggregates and agglomerates





[Scand J Work Environ Health](#). 2019 May 1;45(3):217-238. doi: 10.5271/sjweh.3800. Epub 2019 Jan 17.

## **Current state of knowledge on the health effects of engineered nanomaterials in workers: a systematic review of human studies and epidemiological investigations.**

- [Schulte PA](#)<sup>1</sup>, [Leso V](#), [Niang M](#), [Iavicoli I](#).





- The review found **limited evidence** of adverse effects in workers exposed to the most commonly used ENM.
- However, some biological alterations are suggestive for possible adverse impacts.
- The primary targets of some ENM exposures were the **respiratory and cardiovascular systems**.
-



- There is a **need for longitudinal epidemiologic** investigations with clear exposure characterizations for various ENM to discover potential adverse health effects and identify possible indicators of early biological alterations.
- In this state of uncertainty, **precautionary controls** for each ENM are warranted while further study of potential health effects continues.



# Conclusioni



- Abbiamo ancora pochi dati sui lavoratori esposti
- E' necessario **evitare l'esposizione per via inalatoria** ai nanomateriali usando formulazioni umide, sistemi chiusi, glove-box, aspirazione localizzata, dispositivi di protezione individuale

I dati evidenziano maggior rischio  
per  
Patologie polmonari  
Tumore polmonare

Evitare la  
traslocazione



# Conclusioni - 2



- E' necessario **evitare il contatto cutaneo** (usare doppi guanti protettivi in nitrile)

I dati evidenziamo maggior rischio per  
Allergie cutanee (se metalli allergenici)  
Assorbimento sistemico



# Worker exposure

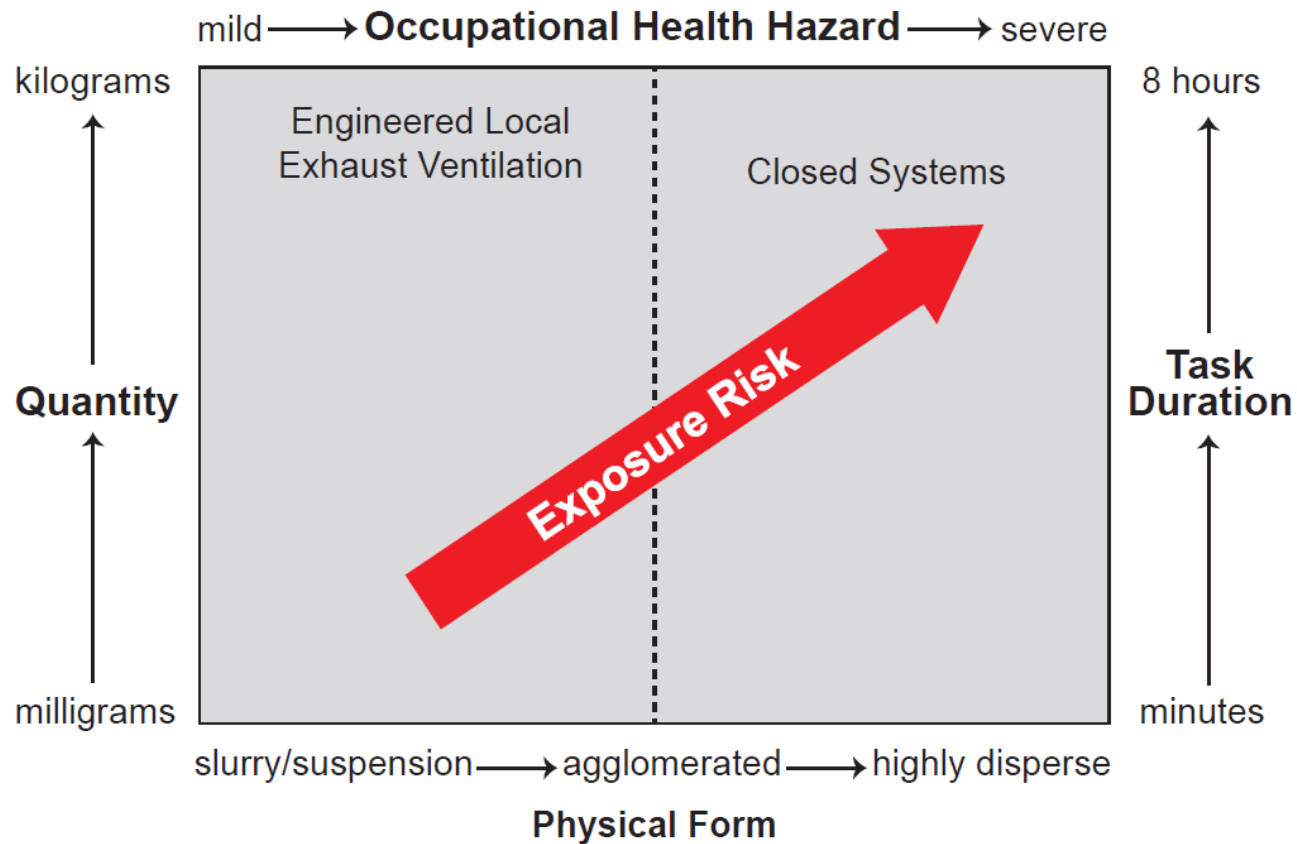


Figure 6. Factors influencing control selection [NIOSH 2009a].

Francesca Larese Filon, Ambulatorio di Allergologia  
Unità Clinico Operativa di Medicina del Lavoro – Università di Trieste



# Worker exposure



Figure 10. Nanomaterial worker wearing personal protective equipment in a work area with local engineering controls. Photo by Mark Methner, NIOSH.



**Grazie dell'attenzione!**







# Conclusioni



- Evitare l'esposizione per via inalatoria
- Evitare il contatto cutaneo



Doppio guanto  
protettivo  
Camici in tyvek

Formulazioni umide  
Glove box  
Aspirazione  
localizzata  
Mezzi di protezione



Francesca Larese Filon, Ambulatorio di Allergologia  
Unità Clinico Operativa di Medicina del Lavoro – Università di Trieste